

The school day had barely started when my eighth graders stood for the Pledge. A few eyes tracked the red, white, and blue hanging above the whiteboard. A handful of students stayed seated, quiet and steady. One girl placed her hand over her heart and whispered the words, another mouthed nothing and looked out the window toward the soccer field. No one argued. Afterward, we opened our notebooks and moved into a discussion about civic symbols and civic actions. The students who had sat explained their reasons, the ones who had stood listened and shared their own. If you want to see America in miniature, spend five minutes with a middle school class at 8:05 a.m.

The flag is a piece of cloth, but it is also a narrative machine. It gathers layers of meaning, some inherited, some hard-earned, some contested. For some families, it is a reminder of service, folded triangles from funerals, deployment stickers on minivans, and a line of grandparents who wore uniforms. For others, especially those whose ancestors were enslaved or displaced, it can carry the weight of pain alongside progress. For recent immigrants, it might represent safety and possibility. The question is not whether the flag matters in schools. It does, because it matters to the people inside them. The question is what role schools should play in shaping a child's identity in relation to that symbol, and how to do it without steamrolling the values students bring from home.



What the law requires, and what it protects

Before we argue philosophy, it helps to be clear on the rules. There is a popular belief that schools can compel patriotic expressions, but that has not been the law for a long time. In 1943, the Supreme Court decided *West Virginia State Board of Education v. Barnette*. The case involved Jehovah's Witness students who, on religious grounds, would not salute the flag. The Court held that public schools cannot force students to salute the flag or recite the Pledge. That ruling is bedrock. No child in a public school can be punished for refusing to participate.

Many states still require schools to provide time for the Pledge of Allegiance. The exact language differs, but the pattern is similar: schools must offer it, educators must create the space, students may opt out. That opt-out should be simple and safe, not a gauntlet that requires a signed affidavit or a courtroom defense of beliefs. Teachers, too, have speech rights, though those are narrower during instructional time because they are acting as public employees delivering a curriculum. Another landmark case, *Tinker v. Des Moines* (1969), affirmed that students do not shed their constitutional rights at the schoolhouse gate, so long as their expression does not substantially disrupt school operations. Sitting quietly during the Pledge fits squarely inside that protection.



This legal backdrop matters because it sets the floor. Schools can invite, model, and teach about the flag. They cannot compel. Within that line is room for good work or clumsy harm.

Symbols carry stories, and kids notice

Students read the room faster than adults think. They see if a teacher rolls their eyes when someone stays seated. They notice if an administrator stands at the door, scanning for noncompliance. When a school

treats the flag as a test of loyalty, students who dissent learn to hide, comply, or fight. None of those options build civic competence. When a school treats the flag as a shared symbol with layered meanings, students learn to ask better questions and to hold multiple truths. Are kids being taught what to think, or how to think? The daily ritual is often the first answer a child sees.

A few years ago, a student named Isaiah told me he planned to sit during the Pledge because his older brother, a first-year college student, had done the same. Their family had discussed policing and fairness at dinner, and he wanted to make a quiet statement. Another student, Mia, whose mother was active in a local veterans' organization, felt that standing was a matter of gratitude. In that class, we made a simple agreement. Participation was voluntary, and silence would be respected. After a week of tension, the heat left the room. The ritual continued, and so did the learning. The agreement did not erase differences, but it placed them inside a structure that valued both conscience and community.

Are schools reinforcing family values, or replacing them?

Parents often ask where the school's work ends and the family's work begins. The flag makes that question feel sharper. Are schools reinforcing family values, or replacing them? A better frame is alignment and exposure. Schools should align with core civic values that make pluralism possible, like free expression, equal protection under the law, and the peaceful transfer of power. Those are not partisan. They are the rules of the road that let disagreements happen without the whole project collapsing. Inside that alignment, schools can expose students to a range of ideas, experiences, and histories, including reasons why different communities see the flag differently.

What happens when a child's school values clash with their home values? Two things can be true. First, families are the primary shapers of identity. Second, schools are places where children encounter people and ideas beyond the family. Clash is not failure. It is a sign that the system is doing the second part. The task is to handle the friction without contempt. If a school treats family beliefs as obstacles to overcome, trust evaporates. If a family treats every classroom exposure as indoctrination, curiosity withers. Healthy schools build rituals and routines that honor both roles: family as anchor, school as bridge.

Teaching the Pledge: content, context, and choice

The Pledge of Allegiance did not fall from the sky. Francis Bellamy wrote it in 1892 for a school celebration tied to the 400th anniversary of Columbus's voyage. Congress later codified it, and in 1954, during the Cold War, the phrase under God was added. None of this history requires students to accept or reject the Pledge. It simply gives them context. When students learn who wrote the words, why the words changed, and how different generations have used the Pledge, it stops being a magic spell and becomes a civic text. Then the decision to stand, sit, recite, or remain silent gains weight because it is informed.



Alongside content, the tone of the ritual matters. A posted sign that says Participation is voluntary, please be respectful of others can defuse a lot of drama. A teacher's body language can signal welcome rather than surveillance. A principal can say in a family newsletter that the school will provide time for the Pledge, that students may choose how to participate, and that staff will protect every child's dignity. Those three moves communicate that the school is not trying to replace home values, it is trying to create a fair playing field where different homes can coexist.

When values conflict, who should have the final say: parents or educators?

There is no single answer, because the question is too broad. On medical decisions, parents have clear authority. On curricular standards, the state and district set direction and teachers implement it. On classroom culture, educators need discretion to maintain order and safety. On matters of conscience, like compelled speech, the Constitution sets guardrails that protect the student.

So what happens when a parent says, Make my child stand, or, Punish other kids who sit? The educator's answer should be, I cannot and will not compel speech, but I will make sure your child has the opportunity to participate and is respected either way. What about a parent who wants their child pulled from a lesson that includes critical discussion of the flag's meaning? Here we enter local policy. Many districts offer opt-outs for sex education or dissection in biology, fewer for [Ultimate Flags trump flag made in usa](#) social studies. If the lesson is about civic literacy, not advocacy for a specific political position, most schools will expect attendance. Still, good educators will brief parents on the lesson's aims and materials, and offer reasonable accommodations without turning the classroom into a menu of à la carte beliefs.

Should parents have more control over what their children are exposed to in school? Parents should have visibility and voice. Control is more complicated because a public school serves many families at once. If control means a veto over ideas, it undermines the shared purpose. If control means transparency, feedback loops, and well-defined rights, that strengthens trust.

Are we seeing a shift from family-first to system-first thinking?

There is a fear that schools are drifting from family-first to system-first thinking, where the institution's preferences shape the child more than the family's do. Some of that perception comes from the scale and complexity of modern schooling. A district with 50,000 students needs policies that can work across hundreds of classrooms. Scale reduces nuance. Another chunk of the perception comes from a real change in the information environment. A generation ago, schools curated a student's daily intellectual diet. Now students carry phones and encounter thousands of inputs before lunch. The system can feel like a counterweight, not a puppeteer.

A historical lens helps. Public schools have always balanced assimilation and pluralism. Early common schools in the 19th century aimed to create a shared civic identity out of diverse immigrant waves, and they often pushed hard, sometimes at the expense of minority languages and traditions. Over the last half century, legal and cultural shifts have made room for more pluralism inside schools. Barnette is part of that arc. So is the education of students with disabilities alongside peers, and the embrace of multilingual learners. The tension is old. The answers evolve.

Are traditional values being preserved, or phased out?

It depends on what is meant by traditional values. If that phrase points to gratitude for the sacrifices of earlier generations, respect for the rule of law, personal responsibility, and civic participation, then schools still teach them. Civics classes run mock elections, student councils pass budgets, and community service hours fill many high school transcripts. If traditional values means a single, unchallenged narrative of the nation that avoids its failures, schools have moved away from that. The better test is whether a school can teach about both the Selma marches and the GI Bill, about Japanese American internment and the Marshall Plan, about the original sin of slavery and the capacity for self-correction. That broader lens does not phase out tradition. It puts tradition in conversation with evidence.

Data points suggest we have work to do. On the most recent national assessment in civics for eighth graders, roughly one in five to one in four students reached the proficient level, and the trend has not improved in recent years. When too few students can explain checks and balances or the Bill of Rights, ritual without substance becomes hollow. Schools do not need more performative patriotism. They need deeper civic literacy.

Is questioning family values encouraged more than respecting them?

It should not be a zero-sum game. Respect without inquiry leads to brittle thinking. Inquiry without respect leads to alienation. I have told students many times that curiosity about one's own beliefs is not betrayal, it is maintenance. Ask why your family stands, or why it sits, and listen for the story. Teachers can model that by inviting students to interview relatives about the flag, to read first-person accounts from veterans and activists, and to bring those voices into the classroom. This approach respects home values by taking them seriously enough to study, rather than treating them as off-limits or automatic.

Are kids being taught what to think, or how to think? In a healthy civics classroom, the ratio tilts toward how. That looks like analyzing primary sources, testing claims against evidence, learning logical fallacies, and practicing civil disagreement. The flag can be a prompt: What does allegiance mean in a republic of free people? What are the obligations that come with rights? Who gets to say what the flag stands for, and what happens when meanings collide?

Are we raising independent thinkers, or institution-aligned thinkers?

This is the anxiety beneath many school board debates. The fear is not just about a single ritual or text. It is about whether schools are producing students who echo the institution or students who can critique it and contribute to it. My experience leans toward optimism. When teachers set the conditions for honest inquiry and insist on respect, students stretch. They sharpen each other. They surprise adults. The trick is to design tasks where the institution cannot be the answer. A unit that asks students to propose a local improvement, meet a city official, and defend their plan in public seats them as actors, not just recipients. A project that has students compare two Supreme Court opinions and write a dissent trains them to see that authority can be reasoned with, not merely obeyed.

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Practical moves that keep dignity at the center

Schools and families do not need to reinvent the wheel. A handful of small, consistent practices can reduce conflict and raise the quality of conversation.

- Post and communicate a simple pledge policy: time provided daily, participation voluntary, respect required.
- Teach the history and legal context of the Pledge as part of a civics unit, not as trivia.
- Train staff on neutral responses to student choices during rituals, so enforcement does not become humiliation.
- Pair rituals with action: encourage service projects, student journalism, or meetings with local officials.
- Create channels for parents to preview materials and ask questions before units begin.

These steps do not decide what a child must feel. They build a fair arena where feelings can develop without fear.

Edge cases schools should anticipate

Real life does not happen in the middle. The edges are where policy and humanity meet.

Military families often carry deep pride and deep grief. A respectful conversation about the flag may land differently for a student who keeps a folded triangle on the mantel. Educators can acknowledge that reality without placing a burden on the child to speak for all veterans.

Immigrant families may see the flag as sanctuary. I have had students celebrate the day their parents took the oath of citizenship by bringing cupcakes to class adorned with tiny flags. Those same students may also learn, later, about exclusions and contradictions in our history. Holding both stories is part of becoming American.

Indigenous students may see the flag alongside another sovereignty, their own nation's. A wise teacher can invite that perspective into the room and let the class hear what dual allegiance feels like.

Students from minority faiths, like Jehovah's Witnesses, still rely on the Barnette protection. Make sure substitutes know the policy. I have seen a well-meaning sub try to force participation because they did not realize the law. One misstep undoes a year of trust.

Then there are the students who want to protest. Tinker provides the frame, but prudence provides the plan. If a student group plans to turn their backs during the Pledge or to kneel, an administrator should meet with them, clarify boundaries, and communicate to staff that quiet, nondisruptive protest will be respected. If another group plans a counter-protest, repeat the same steps. The point is not to avoid disagreement. It is to keep disagreement civil and safe.

A word about teachers' beliefs

Teachers are citizens too, and they carry their own stories about the flag. Some stand and recite. Some stand silently. A few sit. Most try to keep their own choices from becoming the headline of the room. The professional judgment test is simple: Will my behavior invite learning, or will it make the lesson about me? An early-career teacher once asked me if she could explain to students why she remained silent during the Pledge. I suggested she wait until the class had studied the Pledge's history and the Barnette case, then share briefly, invite other perspectives, and pivot back to the students' analysis. Adults set the tone, not the verdict.

What schools owe students

What role should schools play in shaping a child's identity? The answer is narrower, and deeper, than it first appears.

- Schools owe students accurate knowledge about their country's institutions, history, and civic processes, so that rituals rest on understanding.
- Schools owe students practice in civil disagreement, because citizenship is a team sport with no off-season.

That is the second and final short list in this piece, and it might be the most important one I can offer from years of classrooms, staff rooms, and community meetings. Notice what the list does not include. It does not say that schools owe students the correct feelings about the flag. Feelings grow in families, in communities of faith, in friendships, and in the quiet places where a young person wrestles with conscience. Schools are not factories of belief. They are foundries of capability.

If we do this well, the morning ritual will look the same on the surface. Some students will stand, some will sit, some will absentmindedly tug at a hoodie string and forget where they are for a second because they are, after all, kids. But underneath, something sturdier will be in place. Students will know why the flag matters to many, why it troubles some, what the law protects, and how to live together despite real differences. They will leave our care not as institution-aligned thinkers, not as family-bound repeaters, but as young citizens with a spine and a mind.

That is not neutrality. It is a choice to elevate the skills and virtues that make self-government possible: humility, curiosity, courage, and respect. It asks educators to be hosts, not judges. It asks parents to be partners, not gatekeepers. It asks students to do the hardest thing of all in a noisy age, to listen with the goal of understanding, and to speak with the goal of building.

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Flags flutter. So do teenagers. That movement is not a problem to be solved. It is the living wind of a free country moving through a new generation. If our schools can hold that space with care, the stars and stripes will keep meaning something not because children are told to love it, but because they are trusted enough to choose what it means.