

A flowering plant for your dad in assisted care should fit his room, the light it gets, and the amount of attention he wants to give it. A small orchid, African violet, or peace lily can be a lovely choice, provided the care setting allows it and someone can help with watering if needed.

Choose a plant that fits his day

Start with what your dad enjoys. If he likes tending plants, an African violet offers soft leaves and small flowers to look after. It prefers bright, indirect light and careful watering. Keep water off the leaves and let the surface of the soil dry slightly between waterings.

A moth orchid can be a good choice for a bright windowsill without harsh direct sun. Its flowers can last for weeks, and the plant does not need daily watering. Ask whoever will care for it to check the potting medium before adding water, rather than watering on a fixed schedule.

A peace lily has glossy leaves and white blooms. It tolerates lower light than many flowering plants, although it may flower less in a dim room. Its soil should be kept lightly moist, not soaked. Peace lilies are toxic if eaten, so choose something else if that could be a concern for your dad, a visitor, or a pet.

Make room for a little care

Before you buy, take a look at the space. A compact plant is easier to place on a bedside table or shelf without crowding a lamp, phone, or glass of water. A stable pot and a saucer can help protect furniture from spills.

Think about scent, too. Your dad or someone sharing his room may be sensitive to strong smells. Ask about preferences rather than assuming a fragrant flower will be welcome. If he has allergies or a medical condition that

affects what can be kept in his room, check with the care team.

Plant care should feel pleasant, not like another task. If your dad cannot water comfortably, ask a family member or staff member if they are able to help. A simple note with the plant's name and care needs can make that easier.

Check before you bring it

1. Ask the facility if live plants and potting soil are permitted in his room.
2. Check how much natural light reaches the spot where the plant will sit.
3. Choose a manageable pot and confirm who will water it.
4. Ask about safety if your dad might put leaves or flowers in his mouth.

Questions you might have

Which plant needs the least attention?

A moth orchid is worth considering because it does not need daily watering. It still needs suitable light and someone to check its potting medium.

Can a plant live in a room with little natural light?

A peace lily can tolerate lower light, but it still needs some light. In a very dim room, ask about a suitable spot elsewhere.

Are flowering plants safe around pets?

Some are toxic if eaten. Check the particular plant with a veterinarian if pets visit, and keep it out of reach where appropriate.

What if plants are not allowed?

Ask the care team what is permitted. A photograph of your dad's favorite flowers can bring color to his room without needing care.

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