

Compact arrangements of roses, carnations, chrysanthemums or gerbera daisies can make a lovely anniversary gift for someone in a care home. Choose flowers that suit the recipient's taste and the home's rules, with a stable container and a size that fits comfortably in the room.

Choose flowers with meaning

Roses are a familiar anniversary choice, and a small bunch can feel just as thoughtful as a grand display. Red roses suggest romance, while pink or peach can offer a softer look. If the recipient has a favourite colour, start there rather than worrying about a flower's traditional meaning.

Carnations are another good option, with ruffled petals and plenty of colours to choose from. Chrysanthemums bring full blooms to an arrangement, and gerbera daisies add bright, open faces. A mixed bunch can be especially nice if it includes a flower the couple remembers from their wedding or garden.

For a shared celebration, you might choose flowers that both people enjoy. A simple card can explain the connection: a favourite bloom needs no grand speech, but a few remembered details make the gift feel personal.

Think about the room

Care home rooms often have limited surface space, so ask where the flowers might be placed. A low arrangement can sit on a table without blocking conversation, photographs or the view from a favourite chair. A vase should be stable enough not to tip easily and should leave room for everyday essentials.

Consider scent, too. Some people love fragrant flowers, while others find a strong perfume uncomfortable. If you are unsure, ask the recipient or someone who knows their preferences. It is also worth checking with staff about

allergies, pets and any rules on flowers in rooms or shared areas.

Avoid assuming that a large bouquet is the best bouquet. Nobody wants a vase to take up the entire table and leave the anniversary card balancing on a corner.

Make the gift easy to enjoy

A prepared arrangement in a sturdy container can be easier to receive than loose stems that need trimming and arranging. Check with staff before choosing a container, especially if glass is a concern. Keep decorative ribbons and wrapping simple so they do not get in the way.

1. Ask the home about flower policies and the best time to bring a gift.
2. Choose a modest size, favourite colours and a scent the recipient enjoys.
3. Pick a stable container and check that there is a suitable place for it.
4. Add a card with the couple's names and a short anniversary message.
5. Ask if the recipient or staff would like help placing the flowers and changing the water.

Add a thoughtful finishing touch

A handwritten note can be as meaningful as the flowers. Mention a shared memory if you have one, or simply send warm wishes for the anniversary. Write clearly and leave enough space around the words so the card is easy to read.

If flowers are not practical, ask the home about another way to mark the day. A favourite photograph or a card signed by family and friends may fit the room and the occasion better.

The best choice is one that feels familiar, fits the space and lets the recipient enjoy the celebration.

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