

What Parents Should Say About sg vape contact - Guide 004

Legal Status in Singapore In Singapore, e-cigarettes and vapes are prohibited under tobacco control laws. Importing, distributing, selling, and offering to sell electronic vaporizers and related components are offences, with fines and possible imprisonment for repeat or aggravated cases. Possession and use can also attract penalties. Enforcement includes border checks, online monitoring and public tip-offs. This is general information only, not legal advice; check Health Sciences Authority and official government updates for current rules and penalties.

Quit Help in Singapore National quit programmes, polyclinics, school counsellors and workplace wellness advisers offer free or subsidised counselling, behavioural plans and, where appropriate, approved cessation aids. Setting a quit date, informing family, removing triggers and tracking cravings improve success. If slips occur, counsellors adjust plans without judgment. Early contact works better than waiting for dependence to deepen.

Pause here and compare what you just read against any message or video you received.

Supporting Family and Friends If someone you know searches for vapes, respond with concern rather than punishment. Share legal and health facts, agree on household rules for unknown links and payments, and offer to attend a counselling session together. Praise steps toward quitting and keep follow-up check-ins brief and consistent. Professional guidance helps when cravings or peer pressure persist.

What To Do After Paying a Seller Stop further transfers immediately, even if promised a refund on one more payment. Export chats, note payment references, dates and account handles, and inform your bank. In Singapore, report illegal vape sale to authorities through official channels such as HSA and police reporting routes, keeping acknowledgement numbers. Avoid recovery agents who demand upfront fees; they are often a second fraud layer.

FAQs What if a friend offers a puff? Decline briefly, step away and tell a trusted adult or counsellor if pressure continues. One puff can start [sg vape](#) cravings. What if I already paid a seller? Stop payments, save chats and payment references, inform your bank and report officially. Avoid paid recovery agents. Are flavours safer? No. Flavour names do not indicate lower nicotine or cleaner vapour; tests have found mismatches and contaminants in illicit products.

Additional Note: Flavour and Design Myths



Sweet names and colourful devices do not mean lower nicotine or safer vapour. Laboratory tests in various countries have found labelling mismatches, where actual nicotine exceeded stated levels or unlisted chemicals were present. Marketing that frames flavours [lana vape singapore](#) as harmless or as study aids is misleading. Treat flavour variety as a sales tactic, not a safety signal. For file 004, connect this to your notes and keep lawful choices in view.