



**ALCOHOL
DETOX
TINTON FALLS**

GOD IS
WITH ME
I CAN'T LOSE



+1 732-889-5400

44 Apple St STE 3, Tinton Falls, NJ
07724, United States

archangelcenters.com





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Alcohol detoxification looks easy from the exterior. Quit drinking, wait a few days, move on. Anybody that has actually lived through it, or aided a loved one via it, knows far better. The body adapts to alcohol in manner ins which touch rest, high blood pressure, mood, and memory. When the alcohol quits, those systems misfire. Good detoxification in Tinton Falls keeps you secure while those systems reset. Excellent detoxification prepares you for the next component of recovery, the component that lasts.

This guide goes through what alcoholism treatment appears like today in Monmouth Area, what takes place in the initial ***maps.app.goo.gl alcohol detox tinton falls*** 72 hours, exactly how medical professionals handle threat, and exactly how to pick in between alternatives. It consists of the trade-offs I discuss with households each week, and it makes use of local facts to ground the recommendations. Whether you are looking for alcohol detox Tinton Falls on your own or somebody you like, recognizing the surface decreases fear and boosts outcomes.

Detox and rehabilitation are not the very same thing

Detox is the clinically taken care of process of removing alcohol from your system while handling withdrawal signs. It is brief, typically 3 to 7 days. The major goal is safety and security. The additional objective is comfort.

Rehab is what follows. It consists of treatment, education and learning, medicine for regression avoidance, family members work, and method living without alcohol. Rehabilitation can be domestic, partial a hospital stay, or outpatient. It usually recently to months. Consider detoxification as a path and rehab as the trip. You need both to reach a destination.

In Tinton Falls, lots of people complete detoxification at a dedicated unit, a hospital-based program, or an accredited withdrawal management center, then enter alcohol rehab Tinton Falls or a neighboring outpatient program. Some facilities pack both under one roofing; others collaborate with partner programs around Monmouth County.

The very first phone call and what admission looks like

Most admissions begin with a quick phone call. Anticipate to answer useful concerns: how much you drink, just how commonly, the last beverage, medical history, existing medications, allergic reactions, seizures, episodes of extreme confusion, and psychological health and wellness background. Accuracy matters. Under-reporting the last drink or quantity can weaken the detoxification plan. If you are calling for a loved one, share what you see. Slurred speech, hand tremors in the morning, sweating, or impatience by late mid-day point toward physical dependence.

Timelines differ. If you go to high risk for complicated withdrawal, the group will certainly try to confess the same day, often within hours. If risk is modest, you may have a prepared admission home window. When beds are tight, team typically collaborate a secure bridge: hydration, vitamins, and a careful strategy to stay clear of a hazardous gap.

Insurance verification generally runs in parallel. Many business strategies and Medicaid strategies identify detoxification as clinically needed when specific standards are met. Anticipate authorization for a short remain first, with updates sent daily from the professional team.

If extreme signs and symptoms appear at home, do not wait. Call 911 or go to the closest emergency situation department. Seizures, extreme complication, high fever, unchecked throwing up, or chest discomfort require prompt treatment. In this field, medical facility emergency departments coordinate carefully with detoxification programs for secure transfers once you are stabilized.

Day one and the first 72 hours

The consumption registered nurse will certainly check essential indicators, blood alcohol web content if pertinent, and area you on a standard evaluation like CIWA-Ar, a validated tool that scores withdrawal signs and symptoms. You will usually obtain thiamine, folate, and a multivitamin early to shield the mind and prevent Wernicke's encephalopathy, which is uncommon yet serious. If you are currently unstable, perspiring, nervous, or nauseated, the medical professional or registered nurse professional starts symptom-driven medicine promptly.

Here is just how the very first stretch typically unfolds.

- Hour 0 to 12: Consumption, labs, hydration, vitamins, and a first dosage of medicine if indicated. You might feel groggy or uneasy. Personnel examine you often.

- Hour 12 to 24: Signs and symptoms can magnify. Tremor, anxiousness, poor sleep, and blood pressure spikes prevail. Drug doses are gotten used to your rating and vitals. Straightforward food, fluids, and brief walks help.
- Day 2: If withdrawal dangers are higher, this is a crucial day. Seizure threat is higher in the initial 2 days. The group watches carefully. Several individuals begin to maintain, with much less drinking and better sleep.
- Day 3: Signs frequently ease. The team changes toward planning. You satisfy a therapist, discuss triggers, and map the following degree of care. If available, you may go to a short group or a one-on-one session.
- Day 4 to 7: Size depends on severity, co-occurring problems, and reaction to medications. Some discharge on day 3, others require a few even more days to land gently.

Families in some cases are afraid that medicines simply change one substance with one more. Done properly, detox depends on short programs of medications that reduce as signs and symptoms solve. The strategy is individualized and time-limited.

Medications made use of in alcohol detox

Most units use symptom-triggered benzodiazepines, due to the fact that this course lowers the threat of seizures and ecstasy tremens when alcohol stops. Typical options consist of diazepam and lorazepam. Doses are not one size fits all. Older grownups, individuals with liver disease, or those with severe rest apnea require cautious adjustments.

Adjuncts relieve specific signs and symptoms. Gabapentin can decrease anxiousness and sleep problems. Clonidine or propranolol helps with free symptoms like fast heart rate and trembling. Hydroxyzine or trazodone supports rest. Antipsychotics such as haloperidol may be made use of briefly for serious anxiety or hallucinations, however not as a standalone for seizure avoidance. Thiamine is non-negotiable, offered before glucose when possible. Extra severe or complex instances sometimes require inpatient medical facility monitoring with IV fluids, electrolyte modification, and continuous monitoring.

An excellent detox program go for the most affordable effective medicine dose and stops it as soon as it is risk-free. The goal is not a chemical pillow for weeks. It is secure passage.

Understanding risk: that needs inpatient detox

Not every person requires inpatient detox. Light to moderate withdrawal can be handled at home with everyday facility check-ins and prescriptions, particularly when there is solid social assistance and no significant health and wellness conditions. That said, particular factors press the scale toward monitored treatment:

- History of withdrawal seizures or ecstasy tremens, even once.
- Heavy or long duration of alcohol consumption, for example a pint or even more of liquor daily for months.
- Significant medical problems such as heart disease, unchecked diabetes, or liver failure.
- Pregnant individuals, who require collaborated obstetric and dependency care.
- Lack of a trusted sober caregiver at home.

Tinton Falls has prepared accessibility to both inpatient and ambulatory setups. The appropriate suit depends on security initially, then logistics and preference.

What rehabilitation looks like after detox

The handoff from detox to rehab shapes the next 6 months. Strong programs develop that bridge early. You will likely satisfy a situation manager or counselor by day two who timetables the very first appointments, prepares transportation when needed, and checks insurance protection. Choices consist of:

- Residential rehabilitation, generally 2 to 4 weeks, for those that need an organized setting without simple accessibility to alcohol.
- Partial a hospital stay, 5 days per week for numerous hours every day, with nights at home.
- Intensive outpatient, 3 to 4 days each week, generally in the evenings to balance work or family.
- Standard outpatient therapy, once or twice weekly, typically combined with peer support.

Therapies vary, but cognitive behavior modification and motivational interviewing are pillars. Many programs [alcohol rehab](#) in this area add trauma-informed treatment, family members sessions, and skills training for rest, stress, and interaction. An effective alcohol rehab Tinton Falls strategy looks mundane on paper but requiring in life: consistent treatment, peer link, medication when suitable, and day-to-day trouble fixing at home and work.

Medication for regression prevention

Detox addresses withdrawal, not food craving or relapse threat. Ongoing alcohol addiction treatment typically consists of medicine:

- Naltrexone lowers incentive from alcohol consumption and can lower hefty drinking days. It comes as an everyday tablet or a month-to-month shot. It is a good fit for several, unless there is severe hepatitis or opioid use.
- Acamprosate sustains abstaining by alleviating post-acute symptoms like inner uneasiness. It is dosed three times day-to-day and works best when you are alcohol-free.
- Disulfiram develops an aversive reaction if you drink on it. It helps individuals that desire a solid external brake and have reputable supervision.
- Off label medicines such as topiramate or gabapentin can assist some patients that do not endure first-line options.

The option depends upon goals. Somebody aiming for complete abstaining might select acamprosate or naltrexone. Somebody trying to minimize heavy drinking days, en route to abstaining, might [alcohol detox tinton falls](#) begin with naltrexone. A person with serious liver condition calls for additional care and often favors acamprosate.

A day inside a modern detox unit

The clinical components are predictable. The human parts differ. On a regular early morning, vitals and symptom scores come first, followed by a light breakfast. A registered nurse look at hydration and sleep. If you really feel uncomfortable, dull foods work best, and ginger tea aids regularly than you would certainly anticipate. If you rested badly, the team adjusts the evening plan.

Afternoons usually consist of a brief psychoeducation group, if you are up for it, on topics like triggers, sleep hygiene, hydration, and what the next week looks like. Individuals that really feel too shaky remain in their areas and fulfill one-on-one later. The majority of units integrate in quiet hours to lower overstimulation. A therapist may rest with you to detail phone numbers you intend to prevent for some time. Phones are often limited throughout severe withdrawal to restrict stress.

Evenings are low profile. Basic motion, a short walk in the corridor, or gentle stretching aids. Staff motivate showers and fresh clothing, small acts that bring back self-respect when your body feels off. This sounds fundamental, and it is, yet it helps individuals turn the corner.

Local context in Tinton Falls and Monmouth County

Location matters. Tinton Falls rests near several clinical facilities and outpatient centers, which shortens the handoff in between detox and rehabilitation. Mass transit is restricted, so programs that use adventures or coordinate with family members have an edge. Work timetables around the Shore can be seasonal, and night extensive outpatient teams assist those that handle altering shifts.

Peer support is simple to find. There are Alcoholics Anonymous meetings throughout Monmouth County, including morning and lunchtime layouts. Some churches and community centers host non-12-step groups as well. A strong alcohol rehab Tinton Falls plan typically includes a commitment to try a number of meetings, not just one, to locate an excellent fit.

Legal issues emerge in this area as almost everywhere. If you have a pending DUI, tell your counselor. Programs can supply participation documents and collaborate with lawyers or probation when appropriate, with your composed consent. Privacy regulations safeguard your info under HIPAA and 42 CFR Component 2, so absolutely nothing is shared without your permission.

Special populations and scientific judgment

One dimension never fits all. Below are circumstances where strategies typically change:

- Older adults metabolize medications in a different way, and drop danger is real. Reduced benzodiazepine doses, slower tapers, and additional focus to hydration and electrolytes avoid complications.
- People with liver disease need mindful medicine choice. Lorazepam is often preferred in extreme liver problems since it avoids energetic metabolites. Naltrexone may be delayed till liver feature improves.
- Pregnant clients need coordinated care. The priority is maternal stablizing, fetal monitoring when suggested, and careful medicine choices. Early prenatal control makes a difference.
- Those with co-occurring mental health and wellness conditions take advantage of incorporated treatment. Treat unattended anxiety, PTSD, or ADHD along with alcohol usage disorder. Stay clear of chasing one issue at a time.
- People with persistent discomfort need sensible plans. An excellent program brings discomfort administration into the conversation early, with non-opioid methods, physical treatment references, and coordinated prescribing.

The typical string is customization. The appropriate plan is the one you can adhere to securely, not the one that looks suitable on paper.

Cost and insurance coverage without spin

Costs differ extensively. In New Jacket, facility-based detox costs can run into numerous thousand dollars for a multi-day remain, yet what you pay relies on insurance policy agreements and deductibles. Business insurance often covers detox when requirements are fulfilled, with copays that vary from modest to considerable depending on your strategy. Medicaid plans in the region cover licensed detoxification programs, though bed

availability can change. If you are uninsured, inquire about state financing obstructs or charity care screening. Financial therapists can run a fast advantages inspect before admission so you are not surprised.

Medication for relapse avoidance is generally covered. Naltrexone injection has greater upfront cost, however many strategies accept it when dental medication has actually not worked or adherence is a worry. Pharmacies around Tinton Falls recognize with previous authorizations for these medications, yet it can still take a day or two to process.

Therapy that sticks after detox

People do not relapse for absence of info. They relapse when stress spikes, rest collapses, or they face an old pattern without a strategy. Reliable therapy targets those actual moments. If alcohol rehab consists of only talks, you will certainly learn intriguing truths and little else. Programs that mix private treatment, skills practice, and peer discussion teach you to take care of the edge instances: the coworker that stress you continuously, the wedding anniversary of a loss, the night you do not sleep until 3 a.m.

Look for a strategy that rehearses reactions. Technique stating no with a full sentence. Technique leaving a celebration in the very first 15 mins without explanation. Practice buying club soda with lime without a long tale. It feels unpleasant in the beginning. It obtains easier quickly.

Medication plus treatment is not a prop. It is a smart pairing. People who utilize both have a tendency to stay engaged longer.

How to get ready for admission

A short, sensible checklist assists the day go smoother.

- Photo ID, insurance policy card, and a list of existing medicines with doses.
- Comfortable apparel and basic toiletries, avoiding products which contain alcohol like particular mouthwashes.
- Names and varieties of essential contacts, plus any type of legal documentation you may need.
- A percentage of cash money or a debit card for incidentals if allowed.
- A publication or simple task for quiet periods, considering that displays may be restricted early on.

Leave belongings in your home. If you wear prescription glasses, bring a backup case. If you make use of a CPAP tool for sleep apnea, bring it and tell the nurse at intake.

What progress in fact looks like

New people often anticipate a rise of energy once the alcohol leaves. What they feel is more subtle. The initial actual win is usually a stable hand. Then a complete evening of rest appears, commonly in between days 3 and 7. Morning queasiness discolors. High blood pressure stabilizes. The mind gets rid of sufficient to detect patterns.

Cravings are available in waves. The very first clean peaceful Saturday can feel vacant and risky. A good plan loads it with basic framework: a conference, a stroll, food preparation something you in fact wish to eat, a call with a person safe. Over weeks, energy returns. Over months, confidence expands. The mind's benefit system, down-regulated by years of alcohol, alters. It does not break back in a week. It alters with repetition.

Common misunderstandings that enter the way

Two ideas create a lot of injury. The first is awaiting perfect preparedness. Readiness is not a door that opens fully. It is a home window that splits. If the home window is open today, action. Programs in Tinton Falls can usually begin the process quickly when you call.

alcohol detox

The secondly is the myth that one slip erases progression. A slip is data. It informs you where the strategy was thin. Utilize it to reinforce the strategy, not to confirm a story that you can not transform. Individuals who mount slips as information return on course faster.

A narrative from the work

A man in his fifties from just outdoors Tinton Falls called one Monday early morning after a weekend break he did not remember. He had tried to quit in the past and seized in his kitchen area. This time he was available in the very same day. The very first 24 hours were uneven. He slept in brief ruptureds, called his bro two times, and worried he would certainly never steady. On day three, he ate a complete morning meal and strolled the corridor without clutching the rail. He met the therapist, accepted begin naltrexone shot prior to discharge, and attended a tiny group where he stated precisely three words. A week later he started night intensive outpatient and kept functioning early mornings. He noted his development, not by a grand feeling, however by little notes: stable hands at 7 a.m., coffee that tasted like coffee again, a complete tank of gas at 10 p.m. Without need to detour. Six months in, he still had tough days. He likewise had a strategy that fit his life.

Choosing in between programs

If you compare alcohol rehab choices, ask pointed inquiries. How do you coordinate from detox to rehab? What percent of your detoxification individuals begin medicine for regression avoidance? How do you manage co-occurring anxiety or stress and anxiety? What is your plan on household involvement? That assists with transportation? Can you share accumulated end results, even basic ones like 30-day involvement rates?

Visit if you can. The area does not need to look like a hotel, yet it requires to feel organized and calm. Watch exactly how personnel greet people. If they learn your name rapidly and explain what they are doing prior to they do it, that is a good sign.

Life in Tinton Falls after discharge

The real work begins at home. Tinton Falls has the advantage of being close to seaside parks and tracks. Use them. Light day-to-day workout enhances sleep, state of mind, and stress and anxiety strength. Straightforward regimens help: groceries on the same day weekly, laundry on a schedule, a weekly conference with a sponsor or mentor. If your home is high risk, take into consideration a sober living residence for a period. Healing housing near Monmouth Region varies in quality, so ask your counselor for vetted options.

If you operate in a setup where alcohol becomes part of the culture, like hospitality or sales, be truthful with your manager if you have a relying on partnership. Lots of employers will sustain a phased return or schedule changes throughout very early healing. The Family and Medical Leave Act might apply. A human resources discussion before problems surface is much better than one after.

When to look for aid again

Return early if rest falls down for several evenings, if food cravings ramp past your plan, or if old patterns start to creep back. This is not failing. It is upkeep. The majority of programs can supply booster sessions, short-term drug adjustments, or a couple of days of partial a hospital stay to reset. Colleagues can help you normalize this. People that succeed long term usage help as a device, not as a last resort.

The course ahead in Tinton Falls

Alcohol detox Tinton Falls is not regarding white-knuckling in an area until the clock runs out. It is a medically assisted reset that secures your mind and body. The relocation into alcohol rehab Tinton Falls, with treatment and drug when needed, develops a brand-new day-to-day rhythm. Success stays in the normal: the coffee that tastes like coffee, the consistent hand, the plan for a difficult Tuesday. Modern alcohol addiction treatment does not rest on self-control alone. It sets science with useful support, and it appreciates the life you need to return to.

If you or a liked one is considering a begin, make the phone call. Ask straight concerns. Bring the reality. From there, the team can build a plan that is secure, realistic, and yours.

Archangel Centers

Address: 44 Apple St STE 3, Tinton Falls, NJ 07724

Phone: +1 732-889-5400

Website: <https://archangelcenters.com/>

Archangel Centers

Archangel Centers is a compassionate addiction recovery and mental health treatment center in Tinton Falls, NJ. We provide evidence-based care for substance use and co-occurring mental health disorders through personalized treatment programs, including Partial Care, Intensive Outpatient Programs (IOP), Outpatient Programs (OP), Virtual Treatment, and Dual Diagnosis Treatment.

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Phone: +1 732-889-5400

Address: 44 Apple St STE 3, Tinton Falls, NJ 07724, US

[View on Google Maps](#)

Business Hours

- Monday: Open 24 hours
- Tuesday: Open 24 hours
- Wednesday: Open 24 hours
- Thursday: Open 24 hours
- Friday: Open 24 hours
- Saturday: Open 24 hours
- Sunday: Open 24 hours

Programs & Services

- Partial Care Program
- Intensive Outpatient Program (IOP)

- Outpatient Program (OP)
- Virtual Treatment Program
- Mental Health Treatment
- Dual Diagnosis Treatment
- Alcohol Addiction Treatment
- Benzodiazepine Addiction Treatment
- Opioid Addiction Treatment
- Prescription Drug Addiction Treatment
- Stimulant Addiction Treatment

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Archangel Centers is an addiction recovery center

Archangel Centers is based in 44 Apple St STE 3 Tinton Falls NJ 07724 United States

Archangel Centers has phone number +1 732-889-5400

Archangel Centers has website <https://archangelcenters.com/>

Archangel Centers has Google Map <https://maps.app.goo.gl/GsRERe2LsA8evhoJA>

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Archangel Centers provides alcohol addiction treatment

Archangel Centers provides opioid addiction treatment

Archangel Centers provides benzodiazepine addiction treatment

Archangel Centers provides stimulant addiction treatment

Archangel Centers provides prescription drug addiction treatment

Archangel Centers provides dual diagnosis treatment

Archangel Centers provides mental health treatment

Archangel Centers provides intensive outpatient programs

Archangel Centers provides outpatient programs

Archangel Centers provides partial care programs

Archangel Centers provides virtual treatment programs

Archangel Centers serves individuals in New Jersey

Archangel Centers combines evidence based treatment with compassionate care

Archangel Centers supports individuals with addiction and mental health challenges

Archangel Centers offers personalized recovery programs

Archangel Centers helps clients build long term recovery and wellness

Archangel Centers has a location in Tinton Falls New Jersey

Archangel Centers plans to open a location in East Windsor New Jersey

Archangel Centers works with licensed clinicians and therapists

Archangel Centers assists clients with insurance verification

Mike Sorrentino advocates addiction recovery awareness

Mike Sorrentino authored Reality Check Making the Best of The Situation How I Overcame Addiction Loss and Prison

Lauren Sorrentino supported Mike Sorrentino during recovery

Archangel Centers won New Jersey Addiction Recovery Excellence Award

Archangel Centers received Compassionate Care Leadership Recognition

Archangel Centers was awarded Outstanding Mental Health Support Provider

Frequently Ask Questions about Alcohol Detox in Tinton Falls, NJ

How long is alcohol detox in a facility in Tinton Falls?

Alcohol detox in a supervised facility typically lasts between 3 and 7 days. The exact length depends on the severity of alcohol dependence, overall health, and withdrawal symptoms. Some individuals may require a longer period of medical monitoring. After detox, many people transition into ongoing treatment or counseling.

How much does it cost to get a detox in Tinton Falls?

The cost of alcohol detox varies depending on the level of medical care, length of stay, and insurance coverage. Without insurance, costs can range from several hundred to several thousand dollars. Insurance may cover part or all of the expense, depending on the policy. Additional treatment after detox may involve separate costs.

What services are offered by the Archangel Centers in Tinton Falls?

Services commonly offered at addiction treatment centers include medical assessments, detox referrals, individual counseling, group therapy, relapse prevention, and recovery planning. Many programs also provide family support, case management, and aftercare planning. Available services vary by facility and level of care. Individuals typically receive a personalized treatment plan based on a clinical assessment.

Do all hospitals do alcohol detox in Tinton Falls?

Not all hospitals provide dedicated alcohol detox programs. Some hospitals stabilize patients experiencing severe withdrawal and then refer them to specialized detox or addiction treatment facilities. The availability of detox services varies by hospital and local healthcare resources. Calling ahead can confirm available treatment options.

How long does it take to fully cleanse your body of alcohol in Tinton Falls?

Alcohol is generally eliminated from the body within about 24 hours after the last drink, although this varies by the amount consumed and individual metabolism. Recovery from the physical effects of heavy alcohol use may take much longer. Withdrawal symptoms can last several days. Long-term healing depends on overall health and continued recovery.

What do 7 days of no alcohol do in Tinton Falls?

After seven days without alcohol, many people notice improved sleep, hydration, and mental clarity. Blood alcohol is fully eliminated well before this point, and early withdrawal symptoms often begin to improve. Energy levels and concentration may also increase. Individual experiences vary depending on previous drinking patterns and overall health.

How long until alcohol is 100% out of your system in Tinton Falls?

For most people, alcohol is completely eliminated from the bloodstream within approximately 24 hours after the last drink. The exact timing depends on body size, liver function, and the amount of alcohol consumed. Standard alcohol tests may detect alcohol for different lengths of time depending on the testing method. Recovery from alcohol use extends beyond the time alcohol remains in the body.

What are the stages of alcohol detox in Tinton Falls?

Alcohol detox typically begins with mild symptoms such as anxiety, sweating, nausea, and tremors within the first day. Moderate symptoms may develop over the next one to three days, and severe cases can involve seizures or delirium tremens. Symptoms usually begin to improve after several days with appropriate medical care. The severity varies depending on the individual's history of alcohol use.

How much is 3 months of rehab in Tinton Falls?

The cost of a three-month rehabilitation program varies based on the type of care, accommodations, and insurance coverage. Without insurance, expenses can range from several thousand to tens of thousands of dollars. Outpatient programs generally cost less than residential treatment. Insurance may significantly reduce out-of-pocket costs.

What is a cheap detox in Tinton Falls?

Lower-cost detox options may include publicly funded programs, nonprofit organizations, or facilities that accept Medicaid or other insurance plans. Community health programs may also provide financial assistance for eligible individuals. Costs and eligibility requirements vary by provider. A medical assessment is important to determine the appropriate level of detox care.

Looking for Alcohol Detox in [Pine Brook Park](#)? Professional alcohol detox programs provide a safe and supportive environment for individuals beginning their recovery journey. Medical supervision, personalized care plans, and compassionate support help manage withdrawal symptoms while preparing patients for the next steps in long-term addiction treatment and recovery.