

Business Name: BeeHive Homes of Levelland

Address: 140 County Rd, Levelland, TX 79336

Phone: (806) 452-5883

BeeHive Homes of Levelland

Beehive Homes of Levelland assisted living care is ideal for those who value their independence but require help with some of the activities of daily living. Residents enjoy 24-hour support, private bedrooms with baths, medication monitoring, home-cooked meals, housekeeping and laundry services, social activities and outings, and daily physical and mental exercise opportunities. Beehive Homes memory care services accommodates the growing number of seniors affected by memory loss and dementia. Beehive Homes offers respite (short-term) care for your loved one should the need arise. Whether help is needed after a surgery or illness, for vacation coverage, or just a break from the routine, respite care provides you peace of mind for any length of stay.

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140 County Rd, Levelland, TX 79336

Business Hours

- Monday thru Sunday: 9:00am to 5:00pm

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Walk into a strong memory care program and you will not see individuals being kept hectic for the sake of it. You will see purpose, rhythm, and components of real life that feel familiar. Bingo fits for those who like it, but it typically sits too far from the goals that matter in dementia care: preserving identity, easing distress, supporting movement and function, and developing moments of pride. When activity programs in a memory care home or assisted living community show these goals, participation climbs up and behaviors that challenge start to soften.

Start with the goals, not the calendar

The best calendars start with a question: What do we desire this activity to do for the individual in front of us? Activities are not decor, they are interventions. They can deal with passiveness, agitation, isolation, or deconditioning if they are mapped to objectives and customized to each individual's phase and preferences.

Consider a resident like Marie, a previous curator who now requires moderate assistance. She withdraws in groups but lights up around books and kids. An art class at 2 p.m. May not touch her, yet a peaceful story sorting activity in the early morning with a volunteer from the regional preschool can tap her skills and lift her state of mind all day. The objective was engagement without overstimulation, and the activity was a means to reach it.

When I plan with groups, I anchor programs in five core objectives:

- Maintain function through daily movement and job practice
- Reduce distress and promote convenience using sensory input and foreseeable routines
- Preserve identity and firm by honoring life roles and choices

- Strengthen social connection with peers, staff, family, and the wider community
- Spark happiness and meaning through imagination, humor, and little successes

Each goal indicate various strategies, and the exact same activity can serve more than one objective. A cooking group can deliver motion, sensory stimulation, and a sense of contribution, if it is established with the right level of support and safety.

Sensory work that relieves and focuses

People living with dementia frequently procedure sensory information differently. Insufficient input can feed lethargy; excessive can overwhelm. Structured sensory activities let us strike a better balance. I have seen a basic "scent cart" change the environment of a hallway in minutes. Orange peel, cinnamon sticks, fresh rosemary, ground coffee, and lavender sachets end up being triggers for discussion and deep breathing. Staff roll the cart throughout the mid-afternoon depression, deal options rather than commands, and watch for smiles or frowns that indicate preference.

Texture welcomes exploration too. A tactile box with smooth river stones, knitted squares, and soft brushes provides agitated hands something safe to do. In a memory care home where one resident repeatedly gathered napkins from tables, we produced a folded linen station. She sorted cloths by color and stacked them, a task that fed her need to manage material and "get things ready."

Soundscapes work best when they match mood and time of day. In the morning, birdsong and light piano can hint wakefulness. After lunch, ocean waves or rainfall can settle a hectic space. Headphones help when a single person likes country ballads and a next-door neighbor prefers classical strings, and they maintain autonomy in a shared area. Avoid tracks with abrupt crescendos or radio chatter, which can spike anxiety.

Two cautions make sensory strategies safer. First, check for skin level of sensitivities and asthma before using essential oils or strong scents. Second, generate option at every action. Deal, do not firmly insist. An individual who turns away is providing feedback you can use.

Movement with purpose beats exercise by rote

Exercise classes have value, yet they frequently stop working when they feel abstract or infantilizing. I have much better luck embedding movement in familiar tasks and short bouts that suit attention spans.

Set up "practical physical fitness" stations that mirror everyday tasks. One station may be light laundry, reaching to position towels on a shelf or matching socks across a table. Another could be garden prep, scooping potting soil and moving it between containers. Chair yoga can weave in reaching to a pretend pantry, twisting to examine an imaginary oven, and standing to pull open a persistent drawer with staff assistance at the elbow. Frame each relocation with a function, not a command to "exercise."

Music lifts motion. Short dance socials after breakfast, with 3 or 4 favorite tunes, can change a long class that most people skip. The beat does half the work for you. Where falls risk is high, hand-held headscarfs or ribbons give people something to follow without quick turns. For those who use wheelchairs, balanced clapping patterns and call and reaction tunes can construct upper body endurance and breath control.

For homeowners who strolled daily before admission, a basic walking club after lunch builds routine and regulates sleep later on. Choose safe loops inside throughout winter, mark resting chairs every 50 feet, and celebrate range in concrete terms. I have actually seen a resident who once circled around the same hall aimlessly begin to loop with a purpose when personnel began "mail delivery" strolls, positioning notes in door pouches and chatting with neighbors on the way.

Outcome tracking for movement is not made complex. A weekly note that "Mr. S stood from his chair 8 times with contact guard" or "Ms. R strolled the green loop twice with one rest stop" provides the therapy group something to build on and notifies nursing to changes that might signify discomfort or infection.

Life functions, not just activities

Identity does not vanish with a dementia medical diagnosis. It moves, and it calls us to be investigators. A memory care home that honors roles will look various from one that deals with everyone as a generic "resident."

Work with families to gather a life story within the very first week. Ask about jobs however also about routines that specify an individual's sense of self. Did they constantly examine the weather very first thing? Do they prefer to fix rather than chat? Are they the oldest brother or sister who managed arrangements?

Then, develop micro-roles that fit. A retired mechanic can be your "tool checker," securely sorting a bin of smooth, non-sharp items and placing labels on drawers. A previous teacher can lead a gentle early morning greeting, reading the day's short quote or indicating the calendar. A long-lasting host can help set out cups before tea. These tasks need not be best to be genuine. You will see posture modification when the activity touches an old role.

I once worked with a female who ran a little bakeshop. Short-term amnesia made following a recipe impractical, yet her hands kept in mind dough. We switched from baking to finishing. She brushed egg wash on pre-made rolls, sprayed sugar, and called out "Tray coming through." The cooking area made space for her at non-peak times. It was ten minutes of belonging that had causal sequences for hours.

Risk enablement matters here. Groups in some cases default to "no" for worry of liability. Put in location simple danger evaluations, train on one-to-one assistance and ecological tweaks, and you will discover much more "yes" minutes that are safe sufficient and deeply meaningful.

Music that exceeds sing-alongs

Everyone talks about music in dementia care, and for good reason. Rhythm and melody typically remain accessible when language fades. Yet sing-alongs led from the front can fall flat if the tune list is narrow or the group is large.

Personalized playlists, built with households, are the foundation. Go for 15 to 20 tracks per individual, covering different state of minds. Early morning tracks need to cue energy; late afternoon ought to soothe. Headphones and a small gamer set out on a name-labeled tray remove barriers. Train staff to provide music proactively when they see pacing, rejection of care, or sundowning start.

Drumming circles can offer robust engagement, even for individuals who do not speak much. Usage lightweight hand drums and shakers. Start with call and tap patterns that anyone can mimic, and let the group set the tempo. Prevent the urge to talk excessive. When words are couple of, the beat does the talking.



Lyric discussion works well for early and moderate phases. Pick a familiar tune with clear styles. Play it once, then ask easy, open questions: What does this remind you of? Who used to sing this at home? Keep it short, and capture the sparks of memory that surface so you can weave them into future visits or care prompts.

Measure impact by seeing faces and bodies. Are eyes intense, shoulders unwinded, and fingers tapping? Note which tracks pull somebody back into contact. Build on that.

Nature as co-therapist

Time outside resets the nerve system. Numerous assisted living and memory care neighborhoods have a courtyard that goes underused because of staffing patterns or fear that locals will wander. With planning, nature time can be regular and safe.

Aim for short, scheduled outside minutes tied to routines. Morning coffee on the outdoor patio with lap blankets in cooler months uses light direct exposure that assists regulate sleep. A late-day walk around raised garden beds provides agitated walkers a destination. Place strong seating every couple of yards. Set up a simple gate alarm if elopement threat is high, and utilize lanyards or bright hats to keep the group visible without including stigma.

Gardening can be adapted to all levels. For early-stage residents, plant and tend herbs they can pinch and smell. For those who require hand-over-hand assistance, established seed sorting by color or size. Watering with a small, easy-grip can is often successful and safe. I keep clover and nasturtiums on hand due to the fact that they grow quickly sufficient to reward attention in a week.

When weather is bad, bring nature in. A clear bird feeder installed near a common room window, a rotating "nature basket" with pinecones and shells, and brief videos of regional parks can still produce the settling effect. Keep the visual field calm to prevent overstimulation.

Technology that serves relationships

Tablets, digital frames, and video calls can deepen connection when led by human hands. The gadget is not the activity, it is the bridge.



Use tablets for brief, purpose-driven sessions. A ten-minute slideshow of family images, narrated by a child on speakerphone, can focus a resident who typically refuses a shower. Simple art apps that react to touch with color and noise can engage individuals with minimal language. Prevent fast-paced video games or busy screens. Place the tablet on a stand to prevent fatigue and instability.

Video calls require structure. Arrange them when the resident is most alert, typically mid-morning. Coach household to speak gradually, greet with the resident's name first, and use clear visual props. If grandkids are involved, have them reveal a drawing or a pet instead of depend on conversation alone. Keep it short, end on a high note, and make a note of what worked for next time.

Digital image frames in personal rooms are underused gems. Load them with 50 to 100 images that narrate, not random shots. Include homes, offices, wedding event images, favorite travel scenes, and even the resident's preferred chair. Set the interval to 10 or 15 seconds, not 2, to allow time for acknowledgment. Place the frame throughout from the bed, where it can serve as a peaceful anchor during agitated nights.

Creative arts with genuine materials

People know the distinction between crafts suggested for grownups and kids' jobs rebadged as "activity." Choose materials that respect adult sensibilities and adjust the process to the person.

Watercolor is forgiving and dignified. Tape paper to a board for stability, provide 2 brushes and 2 color choices to limit decisions, and show a sample that hints success without recommending. Usage stencils of leaves or basic shapes for those who require boundaries. Operate in small groups to feed social energy without sound overload.

Clay invites both strength and skill. Air-dry clay permits rolling, flattening, and stamping with found items. For locals who perseverate or grip firmly, a softer dough version might be better. Display completed pieces in a well-lit case with name plaques. Acknowledgment matters.

Fiber arts like loom knitting or basic weaving can be relaxing for people who were as soon as experienced with their hands. I keep a box of material strips in vibrant colors and a small lap loom. Personnel can begin the very first rows and invite a resident to continue throughout quiet times. The tactile rhythm helps settle anxious pacing.

Improv theatre, adapted for dementia care, uses short, assisted scenes with props. A hat and a vintage train ticket can begin a gentle call and reaction. The rule is always "Yes, and" rather than correction. Laughter comes naturally when the frame is spirited and safe.

Cognitive stimulation without fatigue

Traditional brain games often land incorrect. They can seem like tests, and tests can humiliate. Stimulation ought to be ingrained and success-oriented.

The Montessori for dementia method uses a strong foundation. Tasks are burglarized manageable steps, products are self-correcting, and the individual can see when they are right without being informed. Believe sorting images of animals into farm versus zoo, matching labeled spice containers with their lids, or sequencing images of making tea. Present one step at a time, left to right if that was the individual's reading habit, and decrease spoken instruction.

Spaced retrieval training has good evidence for teaching a small, beneficial piece of info, like "Where is my space?" or "Press the red button for help." You ask the question, wait a short period, ask again, and gradually increase the period when the person responds correctly. Keep it short, two to five minutes, and focus on one target at a time.

Reminiscence with objects, not just talk, roots memory in the senses. A box labeled "Fishing" with a reel, bobbers, and images of regional lakes can prompt stories that are otherwise unattainable. Avoid quizzing about dates. Follow the emotion instead.

Mealtime as therapy

Food ties together memory, culture, and convenience. Rather of dealing with meals as logistics, make them an everyday activity with healing value.

Family-style service, where safe, improves choice and hunger. Staff can guide by offering 2 alternatives at a time and using contrast colored plates to support visual processing. Invite homeowners to participate in setting tables, buttering bread, or stirring soup in heat-safe containers. The aromas alone can wake cravings more effectively than supplements.

Tasting sessions spark conversation and cognition. Set out little samples of three [senior care](#) seasonal fruits, for example, and check out sweet, sour, and texture with basic words. Connect tastings to a memory thread, like "summertime at the lake," and you will hear stories while you fulfill hydration goals.

For people with sophisticated dementia, hand-held foods lower aggravation. Build dignity into design. Serve mini crustless quiches rather of nuggets, warm veggie fritters instead of plain toast fingers, and offer dipping sauces in little bowls that feel and look adult.



Community that reaches in and out

Isolation damages every other objective. Safely bringing the wider neighborhood into memory care produces variety and purpose.

Partnerships with local schools work well when expectations are clear. Short visits with two or 3 students at a time, a basic shared task like checking out an image book or planting a seed cup, and structured hellos and

farewells avoid turmoil. Train students to present themselves every time and to resist correcting. The energy exchange can change a peaceful afternoon.

Pet visits need screening. Not every animal is a fit. Select calm, groomed dogs with foreseeable characters and handlers who comprehend authorization signals. Keep visits short and stationary, enabling residents to pick to method. For those with allergic reactions, robotic family pets can provide an unexpected level of comfort through vibration and gentle movement without fur.

Volunteers from faith or civic groups can lead basic rituals that lots of older grownups find grounding, like a hymn sing or a thoughtful reading. Keep teaching light to regard varied beliefs, and constantly use an opt-out nearby.

Tracking what matters

A program shines when the group can see what works and adjust. Paperwork need not be burdensome.

Use short participation logs that capture who engaged, how long, and noticeable impacts on mood or habits. Note if an activity lowered exit seeking for 30 minutes or enhanced meal intake later. Tie logs to care strategies with clear, private objectives: "Mrs. T will participate in a day-to-day fragrance and music session in between 3 and 4 p.m. To minimize late afternoon agitation, as evidenced by less attempts to leave her space."

Pull in basic scales as needed. The Cornell Scale for Depression in Dementia, the Cohen Mansfield Agitation Inventory, or a facility's mobility checklist can show change over weeks. Share wins in shift gathers so everyone understands the levers that help.

Building a weekly rhythm without falling into ruts

Balance range with predictability. People do better when the day has a shape they can trust. Early mornings may stress light, movement, and jobs. Afternoons can lean toward sensory assistance, quieter social time, and music. Evenings ought to concentrate on convenience and regimens that hint sleep.

An excellent week includes anchors. Maybe Monday early mornings always include baking preparation, Tuesdays bring the garden enthusiast's cart, Wednesdays host intergenerational visits, and Fridays end with a brief live music set. Within the anchors, turn the specifics to keep interest alive. A "functions" board near the dining room can advise everybody of their contributions that day.

Five transfers to raise a program best now

- Map three citizens to three objectives each, then write one tailored activity for each goal
- Replace one generic group activity with a role-based job that uses genuine materials
- Build one sensory cart and release it daily at the hardest hour on the unit
- Train personnel to use personal playlists at 3 common friction points, waking, bathing, and sundown
- Start a ten-minute, twice-daily motion routine tied to routines, like "mail walk" after lunch and "dance circle" before dinner

Train the team, alter the culture

Activities prosper or stop working in the hands of individuals providing them. You can purchase all the props you like, however without training and a shared frame of mind, they collect dust.

Teach personnel to see habits as communication. Recognition techniques, like reflecting feelings before rerouting, minimize head-to-head conflicts. A resident saying "I require to go to work" might be naming a

requirement for purpose, not transportation. Hand them a clipboard, ask for help inspecting the dining-room, and you will often see the storm pass.

Language matters. Avoid childish terms and appreciation that feels buying from. "You did that" is much better than "Good task." Deal options that are genuine, not rhetorical. "Would you like to water the basil or the mint?" brings self-respect. Never ever surprise with physical assistance. Tell what you are about to do, and request cooperation.

Consistency throughout shifts is the difficult part. Usage short, focused huddles and visual hints, like a whiteboard that illustrates the day's anchors and which homeowners have a targeted plan for sundowning. Leadership must protect time for activity personnel to work together with nursing and treatment. The very best programs live in the circulation of the day, not only in a calendar on the wall.

Edge cases and trade-offs

Not every resident will take pleasure in every development. Some individuals will constantly select bingo and find genuine joy in the ritual and the simplicity of the guidelines. Keep it, however put it alongside other alternatives. Others may become upset by noise, smells, or a crowded room. For them, a one-to-one session or a peaceful corner variation of a group activity is better.

Safety is real, and yet overprotection can strip significance. Weigh dangers against advantages in a structured method. A monitored five-minute role in the kitchen, without any heat or sharp tools, carries very little risk with high benefit. Outdoor time needs to not disappear because one resident has a history of exit seeking. Solutions like a 2nd team member, visual barriers, or a wearable alert can open the door.

Staff bandwidth is limited. Choose interventions that integrate into care, not simply add to it. Individual playlists at bath time, motion during transfers, and sensory carts throughout known rough spots make good sense because they fold into what staff already do.

What changes when we exceed bingo

The space feels various. You hear more given names and less commands. You see shoulders drop, eyes soften, and hands find something to do that is not picking at clothes or the edge of a napkin. Households notice that visits go much better when there is a shared activity at hand. Staff spirits rises since success appears more frequently, and because the work seems like care, not containment.

Innovative activities are not costly techniques; they are thoughtful applications of goals to the everyday life of an individual with dementia. In a memory care home or assisted living setting, this frame of mind shifts the work from home entertainment to treatment, from schedule-filling to identity-honoring. Keep listening, keep changing, and let the individual in front of you be your curriculum.

BeeHive Homes of Levelland provides assisted living care

BeeHive Homes of Levelland provides memory care services

BeeHive Homes of Levelland provides respite care services

BeeHive Homes of Levelland supports assistance with bathing and grooming

BeeHive Homes of Levelland offers private bedrooms with private bathrooms

BeeHive Homes of Levelland provides medication monitoring and documentation

BeeHive Homes of Levelland serves dietitian-approved meals

BeeHive Homes of Levelland provides housekeeping services

BeeHive Homes of Levelland provides laundry services

BeeHive Homes of Levelland offers community dining and social engagement activities

BeeHive Homes of Levelland features life enrichment activities

BeeHive Homes of Levelland supports personal care assistance during meals and daily routines

BeeHive Homes of Levelland promotes frequent physical and mental exercise opportunities

BeeHive Homes of Levelland provides a home-like residential environment

BeeHive Homes of Levelland creates customized care plans as residents' needs change

BeeHive Homes of Levelland assesses individual resident care needs

BeeHive Homes of Levelland accepts private pay and long-term care insurance

BeeHive Homes of Levelland assists qualified veterans with Aid and Attendance benefits

BeeHive Homes of Levelland encourages meaningful resident-to-staff relationships

BeeHive Homes of Levelland delivers compassionate, attentive senior care focused on dignity and comfort

BeeHive Homes of Levelland has a phone number of (806) 452-5883

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BeeHive Homes of Levelland has a website <https://beehivehomes.com/locations/levelland/>

BeeHive Homes of Levelland has Google Maps listing <https://maps.app.goo.gl/G3GxEhBqW7U84tqe6>

BeeHive Homes of Levelland Assisted Living has Facebook page <https://www.facebook.com/beehivelevelland>

BeeHive Homes of Levelland Assisted Living has YouTube page <https://www.youtube.com/@WelcomeHomeBeeHiveHomes>

BeeHive Homes of Levelland won Top Assisted Living Homes 2025

BeeHive Homes of Levelland earned Best Customer Service Award 2024

BeeHive Homes of Levelland placed 1st for Senior Living Communities 2025

People Also Ask about BeeHive Homes of Levelland

What is BeeHive Homes of Levelland Living monthly room rate?

The rate depends on the level of care that is needed. We do an initial evaluation for each potential resident to determine the level of care needed. The monthly rate is based on this evaluation. There are no hidden costs or fees

Can residents stay in BeeHive Homes until the end of their life?

Usually yes. There are exceptions, such as when there are safety issues with the resident, or they need 24 hour skilled nursing services

Do we have a nurse on staff?

No, but each BeeHive Home has a consulting Nurse available 24 – 7. if nursing services are needed, a doctor can order home health to come into the home

What are BeeHive Homes' visiting hours?

Visiting hours are adjusted to accommodate the families and the resident's needs... just not too early or too late

Do we have couple's rooms available?

Yes, each home has rooms designed to accommodate couples. Please ask about the availability of these rooms

Where is BeeHive Homes of Levelland located?

BeeHive Homes of Levelland is conveniently located at 140 County Rd, Levelland, TX 79336. You can easily find directions on [Google Maps](#) or call at [\(806\) 452-5883](#) Monday through Sunday 9:00am to 5:00pm

How can I contact BeeHive Homes of Levelland?

You can contact BeeHive Homes of Levelland by phone at: [\(806\) 452-5883](#), visit their website at <https://beehivehomes.com/locations/levelland/>, or connect on social media via [Facebook](#) or [YouTube](#)

Conveniently located near Beehive Homes of Levelland [Alamo Drafthouse Cinema Lubbock](#) a great movie theater with full food & drink menu. Catch a movie and enjoy some great food while you wait.