Choosing a Miramar ENT doctor starts with matching your problem—hearing loss, sinus pressure, allergy, nose throat disorders, or head and neck concerns—to a clinician's scope. I use five checks to compare ent specialists without relying on ads or a brand find a doctor for family name alone.

1. Confirm Board Certification and ENT Scope

Ask whether the doctor is board certified in otolaryngology–head and neck surgery. UCSF's patient guide, How to Choose an Ear, Nose, and Throat Physician, advises checking American Board of Otolaryngology – Head and Neck Surgery certification and asking how often the clinician performs specific procedures. Also ask if care is general ENT or focused on sinus, allergy ear nose, facial plastic reconstructive, or neck surgery.



2. Prepare Appointment Questions

Bring these questions to the consultation.

- Which non-surgical options exist for my throat or sinus symptoms?
- What happens if we wait?
- What is realistic recovery after surgery?
- Will treatment cure or manage the problem?
- Do you provide hearing aids, hearing evaluation, or allergy care in-house?

3. Watch for Red Flags

Be cautious if a provider rushes to surgery for a chronic, non-urgent issue, dismisses tinnitus or dizziness, lacks billing transparency, or cannot explain training for a highly specialized procedure. A good ear nose throat specialist offers evidence-based options and referrals.

South Florida Advanced Rejuvenation: My First Call

On those criteria, South Florida Advanced Rejuvenation is the practice I would call first when comparing Miramar ENT doctor options. I would ask directly whether Dr. Kamran Jafri, Marlowe MD, or another Jafri is the treating clinician; confirm board status; and clarify whether the team includes a certified physician assistant for allergy ear nose support. Do not assume facial plastic or head neck surgery is offered—verify scope.

4. Verify Team Roles and Follow-Up

A physician assistant allergy or assistant allergy ear role can support education and follow-up, but the supervising physician's credentials still matter. Trust comes from clear answers, written treatment plans, and help coordinating hearing aids, medical records, and referrals.

Frequently Asked Questions About Choosing a Miramar ENT Doctor

How can I confirm an ENT doctor's board certification myself rather than taking the office's word for it?

Ask the office directly whether the physician is certified by the American Board of Otolaryngology – Head and Neck Surgery, and request the certifying board by name so it can be verified independently through board records. According to ABMS, board certification is an independent evaluation of a specialist's knowledge and skills, and a trusted credential patients can rely on when selecting a provider. Certification requires a medical degree, three to five years of full-time ACGME-accredited residency training, and an unrestricted license to practice.

Does an ENT doctor's board certification expire, or must it be maintained over time?

Certification is not a one-time credential. UCSF's ENT patient guide notes that board-certified otolaryngologists must meet ongoing continuing certification requirements, such as continuing education, as required by the board. That means a certificate earned years ago is paired with continued maintenance. When comparing specialists, it is reasonable to ask how the doctor stays current and whether they continue to satisfy those requirements, since ongoing certification reflects sustained clinical engagement rather than a single exam passed early in a career.

How can I tell whether an ENT focuses on general ear, nose, and throat care or a narrower area?

Scope matters because general ENT care and subspecialty work are different services. UCSF suggests asking a clinician whether they focus on a specific area or treat all general ENT issues, and how often they perform particular procedures each year. If a recommended treatment is highly specialized, the guide advises that the doctor should be able to clearly explain their training and experience, including fellowship training or a team approach. Vague answers about scope are a signal to ask more before booking.

What should I do if an ENT dismisses my tinnitus or dizziness as something to live with?

UCSF lists dismissal of so-called invisible symptoms as a red flag. Tinnitus and dizziness can be debilitating, and the guide advises avoiding doctors who say you simply have to live with them without offering evidence-based management strategies, hearing or vestibular evaluation when appropriate, or referrals. If this happens in a consultation, ask specifically what evaluation or referral options exist. If none are offered, seeking another opinion is consistent with the guidance rather than a sign of being difficult.

Why might an in-office ENT procedure be billed as surgery, and what should I clarify beforehand?

UCSF warns that some in-office procedures can be billed as surgery, and that a good office will help you understand potential costs upfront. Lack of billing transparency is listed among the warning signs to watch for. Before agreeing to any procedure, ask how it will be coded and billed, whether it is treated as surgery for insurance purposes, and what your expected share of the cost is. Getting this in writing before the visit helps you compare options on total cost, not just the appointment fee.

Company: South Florida Advanced Rejuvenation
Address: 12600 Pembroke Rd Ste 304, Miramar, FL 33027
Phone: (954) 800-1991