



MEDIATION AGREEMENT

Parties

This MEDIATION AGREEMENT (hereafter known as "Agreement"), dated July 26, 2021, is made between **Matt E. Rikard**, a resident of 1148 Brown Street, Vian, Oklahoma 74962 ("Mediator"), and **Tim D. Cozad** and **Cara P. Cozad**, residents of 3330 Heather Sees Way, Vian, Oklahoma 74962 ("Party"). Both are collectively referred to as "Parties".

Recitals

WHEREAS the Mediator will facilitate and assist the Parties upon reaching a settlement and will not make decisions for the Party on the resolution of the matter;

NOW, THEREFORE, the Parties agree to enter into this Agreement to resolve the ongoing dispute between them.

Terms and Conditions

• PURPOSE OF MEDIATION.

This Agreement was entered into by the Parties for an amicable mediation process. The Parties have signified their understanding that mediation is a process with the primary goal of reaching a mutual agreement in a consensual, informed, and collaborative manner.

• DISPUTE.

The Parties acknowledge that they have issues to be resolved and that the resolution of such an issue is better resolved in the presence or with the aid of a mediator. Such a dispute arose from the accusations of verbal abuse of one Party to the other. The submission of this issue for resolution with the mediator is recognized to be the best and the most speedy solution to dispute settlement.

• APPOINTMENT AND ROLES OF MEDIATOR.

The Mediator is an independent and impartial third party and is hereby expected to act impartially and fairly in order to assist the Parties herein explore, discover, come up, and develop options for the purpose of achieving speedy and expeditious resolution of the Dispute.

How To Work Out A Separation Settlement With A Narcissist Part 5 A narcissist is someone who is completely self-concerned and has an inflated sense of self-importance. Narcissists feel superior to others and have really little capability for compassion. This makes them incredibly problematic to handle, especially during a separation.

Arrange Your Evidence

Narcissists are so crazy-making that they make you doubt the fact. This sort of habits is called gas-lighting and it's a form of psychological abuse. If you have actually been consistently shocked, you might have come to be hypervigilant and over-reactive. It may be valuable to seek support from mental health and wellness professionals who have extensive experience in dealing with personality disorders, particularly egotistical character disorder. Witness testimony is additionally common proof in a custodianship test. Lay witnesses are people who know the family and bear witness what they have personally observed. Parents likewise usually give their own testimony as witnesses. Thoroughly consider who you want to indicate on your behalf and if you wish

to indicate yourself, keeping in mind [Alderton Family Mediation and MIAM Services](#) that the various other parent (or their legal representative) can examine you and your witnesses. They'll likewise encourage you on the proof you need and exactly how to secure on your own financially.

Why doesn't mediation collaborate with a narcissist?

Absence of Empathy: Perhaps the most difficult characteristic in separation arbitration is the narcissist's failure to acknowledge or verify their partner's feelings and demands. This isn't simply selfishness & #x 2014; it's an essential deficit in emotional understanding that makes compromise really feel impossible to them.

Does Separation Mediation Collaborate With A Narcissist?

These behaviors can have a considerable effect on your divorce procedures. What should be a legal process can quickly feel like an individual battle because your spouse's top priority is winning, not fairness. You could find that their manipulative habits worsen as they feel their control slipping away. This makes getting to sensible agreements extremely testing, typically bring about extended conflicts over residential property, finances, and parenting. Recognizing this dynamic is vital because it changes how you need to approach your case.

- This cooperation is the structure of an effective lawful approach, transforming a disorderly process right into a convenient one.
- Rather, they may file pointless movements, overlook their very own attorney's suggestions, and deliberately extend the procedure to bring upon psychological and economic discomfort.
- Then you can refine these experiences and emotions without being totally overwhelmed.
- Communicating with a narcissistic ex can be extremely causing.
- Ideally, hire an attorney experienced in high-conflict separation instances.

You must participate in a MIAM prior to court unless you have an exception. If you have evidence of residential abuse (including forceful control), you might be excluded. Even if not excluded, the MIAM is a short analysis - you are not bound to continue to complete mediation.